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# WATER SAFETY TIPS

If a child is missing,  
**check the water first.**

Be aware of **potential dangers** when visiting other homes or traveling.

Empty all **tubs, buckets, containers** and **wading pools** immediately after use.

Install and maintain **drain covers** to prevent entrapment and entanglement.

Learn how to perform **rescue breathing** and **CPR**. Keep a phone and **rescue equipment** poolside.

Pools and spas should always be closed and equipped with **barriers and alarms**.

Provide constant, close and competent **adult supervision** of children at all times, in or near the water.

Enroll your child in **swim lessons**.

## WATER EMERGENCY PLAN

- 1 CALL 9-1-1**
- 2 REMOVE VICTIM FROM THE WATER**
- 3 PERFORM CPR IF NECESSARY**

## GIVE TWO BREATHS

» If not breathing normally, pinch nose and cover mouth with your mouth and give two full breaths.

*Repeat steps 1 and 2, providing 2 breaths and 30 pushes, until help arrives.*

## PUSH 30 TIMES

» Position your hands on the center of the chest. Place one hand on top of the other. Push down firmly two inches and push the chest 30 times, hard and fast.